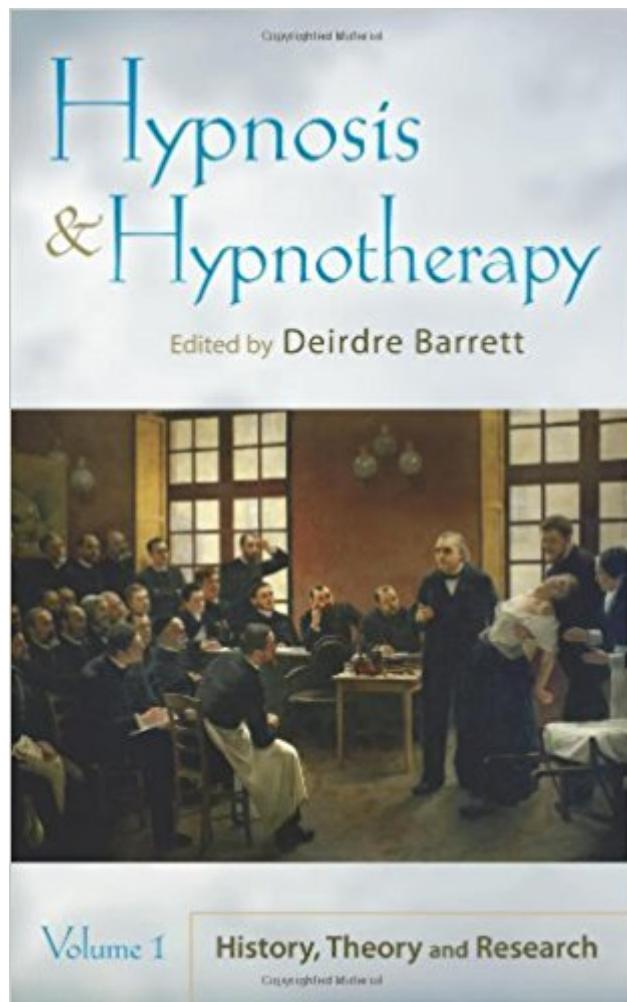


The book was found

Hypnosis And Hypnotherapy (2 Volume Set)



Synopsis

Once thought pure entertainment akin to magic acts, hypnosis is now a growing field being practiced by psychologists, psychiatrists, and medical doctors. Across all ages—from children to adults and the elderly—patients are finding professional, therapeutic hypnosis can help them recover from mental maladies ranging from addiction to depression and psychosis, and from physical illnesses from chronic pain to obesity and skin disorders. Studies show hypnosis can even speed healing from broken bones, burns, and surgery. These unprecedented volumes, including some of the best-known experts in the field hailing from Harvard, Stanford and other top universities, cover the newest research and practice in this intriguing arena. Edited by a psychologist at Harvard Medical School, this set explains developments in hypnosis, from its colorful if misguided inception with Anton Mesmer, across clinical techniques developed for health care in the 20th century, to emerging research showing new potential applications to aide mental and physical health. Chapters also highlight what psychologists, neurologists, physicians, and scientists have discovered about how personality, cognition, and brain functions affect, and are affected by, hypnosis. An appendix explains how to tell the difference between an entertainer or charlatan and a practitioner who is trained, credentialed, and practicing research-backed hypnosis. Universities with hypnotherapy programs and courses are also included.

Book Information

Hardcover: 378 pages

Publisher: Praeger (October 21, 2010)

Language: English

ISBN-10: 0313356327

ISBN-13: 978-0313356322

Product Dimensions: 6.6 x 1.6 x 9.6 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #2,882,537 in Books (See Top 100 in Books) #85 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Hypnotherapy #264 in Books > Health, Fitness & Dieting > Alternative Medicine > Hypnotherapy #1750 in Books > Textbooks > Social Sciences > Psychology > Neuropsychology

Customer Reviews

Deirdre Barrett is a clinical psychologist and assistant professor of psychology at Harvard Medical

School, where she has taught courses on hypnotherapy. She is president of the American Psychological Association's Division 30, The Society for Psychological Hypnosis. Barrett is editor-in-chief of the journal Dreaming, and a consulting editor for The International Journal for Clinical and Experimental Hypnosis. She has authored four earlier books and co-edited The New Science of Dreaming.

[Download to continue reading...](#)

Hypnotherapy for beginners : Easy course for understanding and doing hypnotherapy
(Hypnotherapy in Psychology) Hypnosis and Hypnotherapy (2 Volume Set) Hypnosis: Medicine of the Mind: Hypnosis: Medicine of the Mind - A Complete Manual on Hypnosis for the Beginner, Intermediate and Advanced Practitioner Self Hypnosis: The Ultimate Guide on How to Master Self Hypnosis, hypnotize:hypnosis Keys to the Mind, Learn How to Hypnotize Anyone and Practice Hypnosis and Hypnotherapy Correctly Medical Hypnotherapy: Techniques, Scripts and Processes for Effective Hypnosis and Healing High Self Esteem Hypnosis Bundle: Boost Your Confidence, Know Your Worth and Develop High Self Esteem with Hypnotherapy and Meditation Hypnosis and Hypnotherapy Basic to Advanced Techniques for the Professional Secrets for Brilliant Hypnosis: Hypnotherapy Techniques, Tips and Inspirations Hypnosis and Hypnotherapy With Children, Fourth Edition Hypnosis for Smoking Cessation: An Nlp and Hypnotherapy Practitioner's Manual Hypnosis and Hypnotherapy with Children: Third Edition Innovative Hypnotherapy (Collected Papers of Milton H. Erickson on Hypnosis, Vol. 4) 30 Rapid Hypnotism & Instant Hypnosis Inductions for Hypnotherapy & Stage Hypnotists Hypnotherapy: How To Harness The Power Of Your Sub Conscious Mind (Hypnosis - NLP - How to Hypnotize - NLP Techniques) Mind Changing Short Stories & Metaphors: For Hypnosis, Hypnotherapy & Nlp The Practice of Cognitive-Behavioural Hypnotherapy: A Manual for Evidence-Based Clinical Hypnosis The Art of Hypnotherapy: Part II of Diversified Client-Centered Hypnosis, Based on the Teachings of Charles Tebbetts Hypnosis in Clinical Practice: Steps for Mastering Hypnotherapy Rapid Weight Loss: Hypnosis for Losing Weight Fast and Increasing Your Motivation to Lose Weight via Beach Hypnosis and Meditation

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)